



MENU - 14th - 18th January 2019

<i>DAY</i>	<i>LUNCH</i>	<i>DESSERT</i>
Monday	Cream of Tomato Soup Lamb Rogan Josh Aromatic Rice Aloo Gobi with Chick Peas (PV) Tossed Broccoli	Mangoes
Tuesday	Sweet Corn Soup Chicken Pomodoro Coriander Naan Bread Butter Beans (PV) Fresh Lettuce Salad	Yellow Passion
Wednesday	Minestrone Soup Mini Steaks Lyonnaise Potatoes Vegetarian Shepherd's Pie (PV) Sugar Snaps Pineapple Salsa	Oranges
Thursday	Pumpkin Soup Sweet N Sour Fish Fillet Turmeric Rice Red Lentils Curry (PV) Golden Carrots	Fresh Fruits Salad
Friday	Cauliflower Soup Beef Stir Fry Noodles Chinese Style Vegetarian Spring Rolls Three Bean Bolognaise (PV) <i>Sushi Special Rolls @ 450/=</i>	Watermelon Chunks

PLEASE NOTE: (PV)-PROTEIN VEGETARIAN