

HS ROUND SQUARE CLUBS AND WELLNESS

2018 - 2019

Students should sign up ONLINE

CAS is a commitment and any absences must be accounted for.



	Activity	Instructor	Description	Creativity ctivity/Action Service
1	Ambassadors Club Friday 9.50-10.25am HS Conference Room	Deedee Werner Jillian Nichols	The Ambassadors club aims to help new and leaving students transition into and out of ISK. Some of the roles for ambassadors will work with the admissions office giving tours to prospective families, helping new students acclimate to ISK and complete the new student checklist, serve as hosts for ISK events and perform acts of service and community building in the high school.	C,S
2	Artsco Monday 9.50-10.25am Arts Centre	Kennedy Wando	Artsco is a creativity club that works towards promoting both performing and visual arts. The club activities are meant to benefit the community of ISK by raising awareness of the arts and providing engagement opportunity for the community to come together and appreciate the arts.	C,S
3	ASB Tuesday & Thursday 11:50am-12:30pm HS Conference Room	Rob Blanchard Ashley Maxson	To facilitate participation between the student body and the greater ISK community through effective communication and action	C,S
4	Book Club Friday 9.50-10.25am M1	Alicia Zents	Join Book Club if you like to read and don't mind reading texts outside your usual preferences.	C
5	Chess Friday 9.50- 10.25am L4	Brian Hire Hai Anh Nguyen	The Chess club meets weekly and offers members an opportunity to compete against one another, learn new strategies, and have competitive tournaments to see who the school's top Chess players. Open to any level of player who wants to learn, improve, and become a Chess master.	C
6	Composer's Club Monday 9:50- 10.25am Arts Centre	Gwendolyn Anding	High School Students in grades 9-12 collaborate, create, and perform original music and arrangements. Students will have the opportunity to use various music softwares for composing and recording. Students will be required to learn basic sound & stage management skills. No prior experience necessary, just a good attitude!	C
7	Community Design Project Friday 9:50-10:25am F1	Jaime Mackrory	The Community Design Project Team will use the ISK design thinking process to develop a solution to a community need within our school environment. With a focus on landscaping projects, concept based projects (e.g. working to improve school spirit), or any area the group decides they want to focus on. We will work together and carry out research to determine a need within our ISK community. Then through brainstorming, prototyping and testing we will develop various solutions to the problem identified. Finally, we will implement our solution to hopefully create a better ISK community.	C,A,S
8	Construction by Design Friday 9:50-10:25am Design Lab	Maciej Sudra Severine Fumoux	Construction by Design Club at ISK strives to improve our community through Design Thinking and Construction. Following the Design Cycle our aim is to consult with members of the chosen community on what they need and what they want, secondly we carry out site visits in order to get a closer look to what we are dealing with and a better idea of what to plan and design. We prototype and then fabricate and construct sustainable designs in collaboration with our community partners. Every year we organize five 'builds' where members of the club together with members of the Kenyan community spend a day designing, constructing and fabricating.	C,A,S
9	Drama (MS/HS Production) Monday, Thursday and Friday 3.30- 4.45 pm Theatre	Jill hire	2018 sees the MS/HS come together in drama to produce "Beauty and the Beast" a musical experience that dazzles the eyes and plucks the heartstrings.	C
10	Faraja Club Friday 9:50 - 10:25am N1	Patricio Saenz-Flores	Faraja club works closely with the Faraja Cancer Support Trust that provides emotional, practical and healing support to anyone affected by cancer. We mainly work with young patients making sure they are able to spend an enjoyable Wednesday afternoon or Saturday morning. We also run the 5k/2k Cancer Run.	S

11	Film Club Fridays 9:50-10:25am HMPR 1	Saum Idd Mark Wambui	RECA Film club is a club that works towards nurturing a new generation of young filmmakers who can speak the global language of film, understand its power to foster our past and advance our future through learning the art of filmmaking and production. We meet every Tuesday morning from 9.50-10.20 at the Commons MPR. Come and join us in creating cinema and learning new skills in videography, editing, screenwriting, acting and producing. Join us in telling stories because we believe stories have the power to change the world.	C
12	Financial Management Fridays 9:50-10:25am Q4	Anthony Charette	The Financial Management Club is ideal for students taking economics or interested in economics. There are two main objectives for this club. Firstly, to assist the Children's Garden Home in creating an accounting system so that their coffee shop turns a profit and expands. Secondly, to tour factories to understand; how things are made, costs involved and how the global economy influences business decisions. Tours typically happen on Wednesday's and Saturday's.	C,S
13	Global Issues Network Thursdays 7:30-8:15 am N1	Patricio Saenz-Flores Maria Vioque	The Global Issues Network (GIN) empowers our students to collaborate locally, regionally and globally in order to create project based sustainable solutions for global issues. GIN is dedicated to being aware of the major 20 global issues that our world faces in the 21st century and empowers students to take action as leaders, team members, community advocates and problem- solvers.	C,A,S
14	Hand Out Mondays 9:50-10:25am Design Lab	Denzil Mackrory Maciej Sudra	Hands are used consciously more than any other part of the body. The most menial everyday tasks require the use of a hand, sometimes two. Life is not impossible without them, but it is certainly much simpler. To find out more please visit http://handoutisk.com/about/	C,S
15	Interact Club Thursdays 7:30-8:15am M4	Linda Henderson Bill Parsons	Interact is an international Rotary sponsored service organization for students between the ages 14 and 18 years. Interact stands for 'International Action' and gives students an opportunity to participate in fun, meaningful service projects while developing leadership skills and personal integrity, demonstrating helpfulness and respect for others, understanding the value of individual responsibility and hard work and advancing international understanding and goodwill.	C,A,S
16	Lion's Pride Mondays 9:50-10:25am HS Conference Room	William Moore Carrie Wood	Lions Pride is the club at ISK that is responsible for creating and instilling school spirit. We pride ourselves on making sure that all students at the school have school spirit. This is not an easy job, this is why we have about 30 members, and all with different jobs to make sure the spirit machine that is Lion's Pride is always running smoothly. At most major outdoor school events there will be a Lions Pride presence. This is where we make most of our money. We sell various ISK merchandise such as shirts, towels, caps and even pins.	C,A,S
17	Math Club Mondays 9:50-10:25am Q2	Fiona Thangata David Fischer	A club for students interested in doing challenging maths puzzles and activities, outside of the school curriculum. Students also solve problems in preparation for maths Olympiad competitions, notably the University of Waterloo competition, and ISSEA STEM.	C
18	Model United Nations Thursdays 7:30-8:00am L2	Mike Fisher	Model UN introduces young people to the world's most biggest problems in peace and security, human rights, and sustainable development — and inspires them to find global solutions. Model UN gives students a chance to learn about different countries, foreign policies, and most importantly to critically think about issues from multiple perspectives and points of view different than their own.	C
19	National Honor Society Fridays 11:50-12:30pm M1	Alicia Zents Rachel Kagwa	The National Honor Society (NHS) is a premier organization established to recognize outstanding high school students. More than just an honor roll, NHS serves to recognize those students who have demonstrated excellence in the areas of scholarship, service, leadership, and character.	C,A,S
20	Operation Cure Mondays 9:50-10:25am P2	Maciej Sudra Denzil Mackrory	As a club, Operation Cure ISK raises money for medical services that help the local community. This year the club will focus on raising money for the development of the Hand Out club's 3D printed prosthetics. The club works closely with Cure Kijabe pediatric hospital to identify areas of focus. We are always looking to recruit committed and innovative minds!	C,S
21	Photography Club Mondays 9:50-10:25am S1	Jaime Mackrory	Photography club meets weekly to discuss and experiment with various photography skills. These include taking photos related to a different theme each week and sharing these to get feedback from members on way to improve images, using digital software to enhance images (such as photoshop and lightroom), using photos to fund raise for the club and the school community.	C

22	President's/International Youth Award Friday 9:50-10:25am O2	Derek Pierce Mark McGarigal	The President's Award Scheme is open to all at ISK and focuses on four sections designed to encourage the holistic development of the participant: service, physical recreation, skill development and an expedition or exploration. The first three areas are selected by the students and prompt personal reflection and discovery, self reliance, perseverance, responsibility to themselves and sustained commitment to the community. One additional hope and plan for the PA is to provide at least one relevant training each semester along with the potential to interact and learn from another area school pursuing similar ideals.	C,A,S
23	Round Square Committee Fridays 9:50-10:25am HSMPR 4	Kent Reschke Bobbi Nicholas Pierina Redler	A student leadership committee leading through the Round Square pillars: Internationalism, Democracy, Environmentalism, Adventure, Leadership and Service	C,A,S
24	Simba Wakati Mondays 9:50-10:20am N1	Patricio Saenz-Flores Pamela Pappas	A club with the main purpose of showcasing what is happening at ISK day in and day out. We host a high school broadcast show that covers school news, including the arts, sports, and other clubs achievements at ISK and beyond. Some comedy and cultural segments are also created by members of the club for the broadcast. We write, direct, and produce all aspect of the show.	C
25	Spanish Newspaper Club Mondays 9:50-10:25am P2	Maria Vioque	The main objective of the Spanish Newspaper Club is to provide students with a platform where they can improve their level of the language and allow them to express their ideas and opinions on different topics. Along with, to spread and to promote the Spanish language. Disseminating the cultural diversity of the countries that speak the language and encourage the use of Spanish.	C
26	Students for the Environment Mondays 9:50-10:25am M4	Tom Wallbridge Etienne Simonet	Empowering students to create projects that involve their peers in making ISK a more environmentally-friendly community. Student groups organize themselves to promote environmental values and design environmental projects.	C,A,S
27	Writers Club Fridays 9:50-10:25am M4	Tom Wallbridge	Students meet weekly to exchange prompts and ideas, as well as sharing writing and giving each other feedback. We also enter a range of international competitions.	C
28	Yoga Fridays 3:30-4:45pm HSMPR4	Donattah Ogutu	Come and relax and unwind after a busy week! Yoga is the perfect way to connect to your body, mind and breath. It helps improve your flexibility, builds muscle strength, makes you happier, helps you relax and focus, and helps you sleep better!	C,A
29	Zumba Mondays 3:30-4:45pm Dance studio	Isaac Nyabwengi	Zumba is one of the most popular exercise crazes in recent years, and with good reason! There are many health benefits of zumba, including its ability to burn calories, work out the entire body, boost the metabolism, increase endurance, boost mood, aid coordination, and improve confidence.	C,A
ACADEMIC SUPPORT / DISCIPLINARY				
1	Detention Tuesdays & Thursdays 3:30-4:30pm O2	Priya Shah	Detention is a common consequence for a minor violation of school behavioral expectations, resulting in a student losing free time after school.	N/A